



Product Specification and Nutritional Information

Current Revision Date: **4/26/2023** Replaces Spec Dated **10/18/2022**



Stock Code		Product Name							
99770		Shredded Beef & Salsa Roja and Cheese Tamale							
Bulk Pack									
Wrapped in an Eco-Friendly Paper Husk									
Net Wt. (oz)	Case Pack	Case Net Wt. (Lbs)	UPC/ GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions (in)	Pallet Count	Tie/High	
5.750	60	21.56	10706574997704	24.10	0.880	11.625 L 11.625 W11.250 H	72	12 x 6	
Child Nutrition (CN) Meal Pattern Contributions ¹									
			CN #	100118	CN Date	03-23	CN Expiration Date	3/20/2028	
Each 5.750 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Fruit Serving (cup)	Starchy veg (cup)	Other veg (cup)	
A		2.00	2.00						
--- OR ---									
B		2.00	2.00						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Corn Masa: Corn Masa Flour (White Corn Treated with Hydrated Lime), Water, Vegetable Stock [Water, Vegetable Stock Base (Vegetables [Onions, Tomatoes, Potatoes, Carrots, and Celery], Salt, Yeast Extract, Corn Starch, Corn Oil, Onion Powder, Sugar, Natural Flavoring)], Low-Moisture Part-Skim Mozzarella Cheese [Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, May Contain Powdered Cellulose (to prevent caking)], Palm Oil, Brown Rice Flour (Long Grain Brown Rice, Stabilized Rice Bran), Contains 2% or Less of: Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Calcium Sulfate, Monocalcium Phosphate), Soy Flour, Garlic Powder and Sea Salt. Filling: Cooked Diced Beef with Juices (Beef, Water, Salt), Salsa Roja [Tomato Puree (Tomatoes and Citric Acid. May also contain: Water, Salt and Calcium Chloride), Water, California Chile Paste (Water, Dried California Chiles), Contains 2% or Less of: Spices, Garlic Puree, Soybean Oil, Paprika (for flavor), Dried Chicken Broth, Sugar, Salt, Garlic Powder, Onion Powder, Isolated Soy Protein with Less Than 2% Lecithin, and Modified Food Starch (refined from corn)], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color. May Contain Powdered Cellulose (to prevent caking)], and Textured Soy Flour.

Allergen Statement Contains MILK, SOY

BID Specification

Tamale -Frozen, Cooked Beef in Red Sauce. Each 5.75 oz tamale provides 2.00 OZ Meat/Meat Alternate and 2.00 OZ EQV Grains towards the NSLP. CN Labeled. Preparation instruction printed on outside of case. Tamales are wrapped in an eco-friendly paper husk and bulk packed. 60 count. No more than 645 mg Sodium, Less than 21% calories from saturated fat, 0 Trans Fat added, No less than 335 Kcal. Hand held-Fully cooked. Los Cabos Brand 99770

Nutritional Information

Serving Size 5.750 oz. (163.01 g)
Servings Per Package: **1**
Calories (Kcal) 342.05
Calories from Fat 146.61
Protein (g) 18.93
Carbohydrates (g) 29.96
Sugars (g) 1.99
Tot. Dietary Fiber (g) 3.17
Ash (g) 2.66
Added Sugars (g) 0.21

% Calories from Fat 42.86%
% Calories from Sat Fat 20.21%
% Sugar 1.22%

Fats

Total Fat (g) 16.29
Saturated Fat (g) 7.68
Trans Fat (g)* 0.00
Cholesterol (mg) 45.33
Water (g) 91.57

Vitamins

Vitamin A (RAE) 99.40 10%
Vitamin A (IU) 879.87
Vitamin C (mg) 1.35 2%
Vitamin D (mcg) 0.16 0%

Minerals

Iron (mg) 2.27 10%
Sodium (mg) 639.90
Calcium (mg) 210.23 15%
Potassium (mg) 485.16 10%

*-Trans Fats naturally occurring

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%
Data Source: USDA Handbook 8

Heating Instructions

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE AND ADD OPTIONAL WATER DURING HEATING. Leave husks on during heating. Place tamales on a sheet pan. OPTIONAL: Add approx. 1 cup ambient temperature water into a full sheet pan (approx. 30 tamales). Heat uncovered. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat oven to 300 deg. F. Frozen: Heat for 30-35 min. Refrigerated: Heat for 20-25 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: 35-40 min. Refrigerated: 25-30 min. Remove paper husk prior to consumption.

For Additional Information, visit our website at www.mcifoods.com or contact:

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Shredded Beef & Salsa Roja and Cheese Tamale

Wrapped in an Eco-Friendly Paper Husk

Bulk Pack
DOP: 046-23-D4

FOR INSTITUTIONAL USE ONLY
KEEP FROZEN

CN	Each 5.75 oz. tamale provides 2.00 oz. equivalent meat/meat alternate and 2.00 oz. equivalent grains for Child Nutrition Federal Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03-23).	CN
		100118

60 CT - 5.75 OZ.

WC136 PK014

Lot #

77778

Ingredients: Corn Masa: Corn Masa Flour (White Corn Treated with Hydrated Lime), Water, Vegetable Stock [Water, Vegetable Stock Base (Vegetables [Onions, Tomatoes, Potatoes, Carrots, and Celery], Salt, Yeast Extract, Corn Starch, Corn Oil, Onion Powder, Sugar, Natural Flavoring)], Low-Moisture Part-Skim Mozzarella Cheese [Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, May Contain Powdered Cellulose (to prevent caking)], Palm Oil, Brown Rice Flour (Long Grain Brown Rice, Stabilized Rice Bran), Contains 2% or Less of: Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Calcium Sulfate, Monocalcium Phosphate), Soy Flour, Garlic Powder and Sea Salt. Filling: Cooked Diced Beef with Juices (Beef, Water, Salt), Salsa Roja [Tomato Puree (Tomatoes and Citric Acid. May also contain: Water, Salt and Calcium Chloride), Water, California Chile Paste (Water, Dried California Chiles), Contains 2% or Less of: Spices, Garlic Puree, Soybean Oil, Paprika (for flavor), Dried Chicken Broth, Sugar, Salt, Garlic Powder, Onion Powder, Isolated Soy Protein with Less Than 2% Lecithin, and Modified Food Starch (refined from corn)], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color. May Contain Powdered Cellulose (to prevent caking)], and Textured Soy Flour.

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Stock Code

Produced in the USA

99770

Contains MILK, SOY

NET WT. 21 LBS. 9.00 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Stock Code

99770

Lot #

77778

10706574997704

CN TAMALE MEAT WG

CN TAMALE MEAT WG

10706574997704





99770 Shredded Beef & Salsa Roja and Cheese Tamale 5.75oz

Nutrition Facts			
Serving Size 1 Tamale			
Servings Per Container 60			
Amount Per Serving			
Calories 340		Calories from Fat 150	
		% Daily Value*	
Total Fat 16g		25%	
Saturated Fat 8g		40%	
Trans Fat 0g			
Cholesterol 45mg		15%	
Sodium 640mg		27%	
Total Carbohydrate 30g		10%	
Dietary Fiber 3g		12%	
Sugars 2g			
Protein 19g			
Vitamin A 20% • Vitamin C 2%			
Calcium 20% • Iron 15%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g